



# St. Stanislaus Kostka School

"Do not walk through time without leaving worthy evidence of your passage." Saint John XXIII

Mrs. Elena Malinconico  
Principal

[www.skschool.org](http://www.skschool.org)  
732-254-5819

***"Sometimes we are tested not to show our weaknesses but to discover our strengths."***

March 5, 2020

Dear St. Stans' Families:

Through perseverance and sheer will we are able to find our strength in every test God gives us. What we also can find in those tests, is God by our side helping to carry our load and encouraging us each step of the way. Tests are an opportunity to grow closer to our Lord.

We are all certainly being tested with the news of the Coronavirus and its potential effect on our health. My prayers are that this is a test that leaves us prepared but not having to implement plans to close our school. I sent home a message yesterday, explaining what we are doing to minimize the spread of this virus or any other virus. We are also sending out letters to all organizations that use our building so they know our plan and can implement it during their events.

On a lighter note, we are in the midst of our read a thon. It is our hope to raise at least \$7500.00 in donations. We are \$2500.00 away from that goal. If you have not registered your child or asked them to get donations from family and friends, it is not too late. Please be part of this event \$100.00 per family will make an amazing difference.

Just a couple of reminders:

1. If you have not turned in your transportation or textbook forms please do so by Monday (even if you may move or don't use transportation) these forms keep bus routes open and textbooks in our students hands.
2. Grades five to eight will be taking their field trip on March 11th. Teachers have sent home information on what they can bring and what the day will look like.
3. Monday, March 9th is an early dismissal day.
4. Thursday, the student council is sponsoring denim day for cancer. All proceeds raised from this out of uniform day will go towards helping to find a cure.

As always, you are all in my prayers for health, safety and prosperity.

Elena Malinconico  
Principal



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## Coronavirus Update

We are all aware of the spread of this virus and I am sure many of you (as I am) are tracking its progression in the United States. The CDC is confident it will spread in the United States, which is certainly scary, but they are insistent at this point it will be the biggest issue with those with compromised immune systems. Regardless, we are taking precautions within the school to minimize the spread of any and all viruses and illnesses. We are monitoring guidance daily from the CDC as well as the World Health Organization.

- We will be reviewing, in each grade level, what the virus is and how to prevent its spread using a comic book format that one of our parents was kind enough to provide for us.
- We have installed hand sanitizer stations throughout the school.
- We have "how to wash your hand" signs in the bathroom and we have also hung them outside of bathrooms, in the cafeteria, and in each classroom.
- We are also reviewing sneezing and coughing into elbows.
- We are using Lysol/Clorox wipes in the classrooms daily to clean doorknobs and desks daily. We will be receiving (by week's end) hospital-grade wipes and disinfecting wipes that can be used on keyboards and other computer equipment.
- If a child has any upper respiratory symptoms the student will be sent home and we will request a doctor's note for their return.
- If any students, faculty, or staff are sick we are asking that they stay home until they are feeling better. This is so important in maintaining a healthy school.
- If at any point a decision is made to close the school, either by the school administration or by the Health Department, we will create a distance learning assignment list and also make up additional school days at Easter or at the end of the school year.

I hope this plan puts your minds somewhat at ease and we are all blessed with health!

# Handwashing: Keeping Your Family Healthy

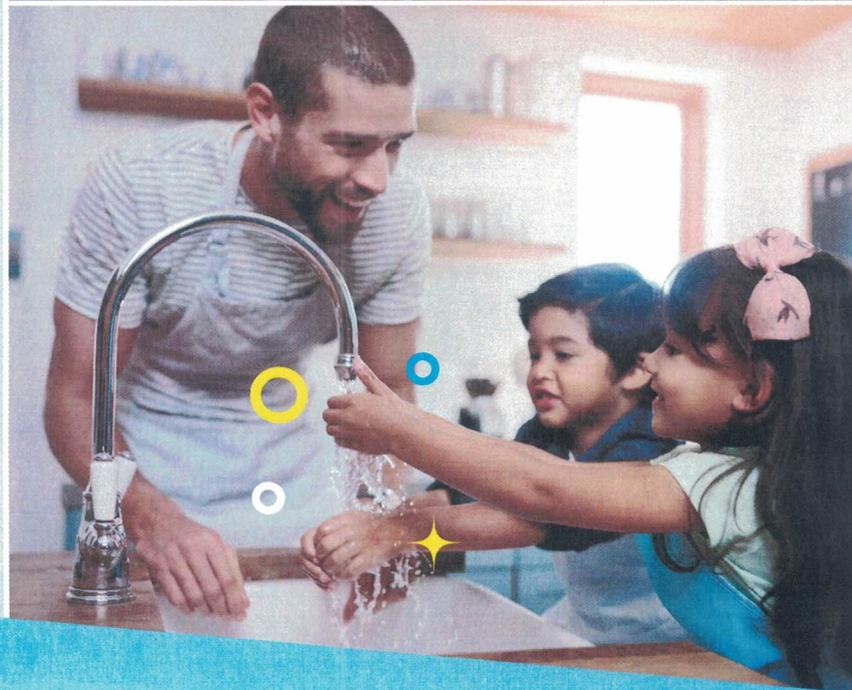
Handwashing is an easy, cheap, and effective way to prevent the spread of germs and keep kids and adults healthy. When your family is healthy, you don't have to worry about missing school, work, or other activities.

## Help your child develop handwashing skills

Parents and caretakers play an important role in teaching children to wash their hands. Handwashing can become a lifelong healthy habit if you start teaching it at an early age. Teach kids the [five easy steps for handwashing](#)—wet, lather, scrub, rinse, and dry—and the key times to wash hands, such as after using the bathroom or before eating. You can find ways to make it fun, like making up your own handwashing song or turning it into a game.

## Lead by example

Young children learn by imitating the behaviors of adults in their lives. When you make handwashing part of your routine, you're setting an example for your children to follow.



LIFE IS BETTER WITH

**CLEAN  
HANDS**



[www.cdc.gov/handwashing](http://www.cdc.gov/handwashing)

This material was developed by CDC. The Life is Better with Clean Hands Campaign is made possible by a partnership between the CDC Foundation, GOJO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.



CS310275-A

Handwashing can prevent

**1 in 3**  
cases of diarrhea



**1 in 5**

respiratory infections,  
such as a cold or the flu



## Give frequent reminders

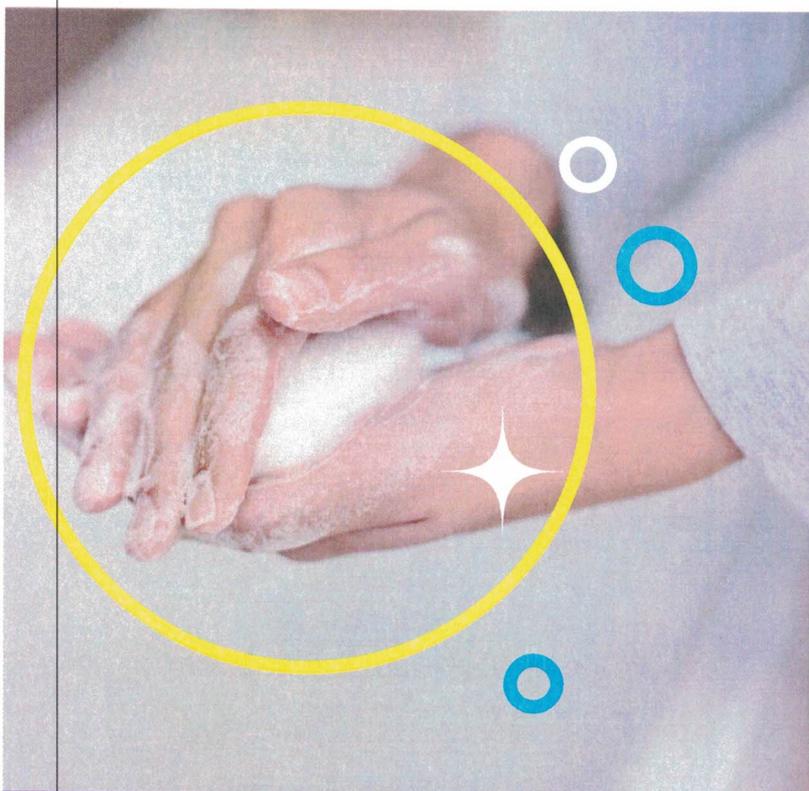
Building handwashing skills takes time. At first, your child will need regular reminders of how and when to wash hands. It is especially important to remind children to wash their hands after using the bathroom, before eating, after touching pets, after playing outside, and after coughing, sneezing, or blowing their nose. But once handwashing becomes a habit and a regular part of your child's day, they will practice it throughout their lives.

## What if soap and water aren't available?

Washing hands with soap and water is the best way to get rid of germs. If soap and water are not readily available, use an alcohol-based hand sanitizer that has at least 60% alcohol.

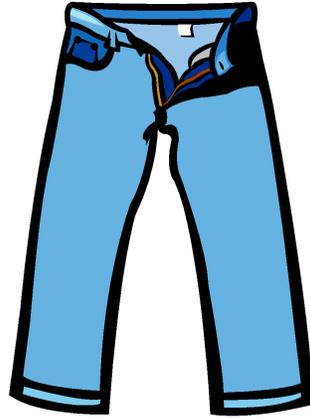
## Did you know?

Baby wipes may make your hands look clean, but they're not designed to remove germs from your hands. CDC recommends washing hands with soap and water when possible.



Remember to make handwashing a healthy habit at home, school, and at play!

# Denim Day for Cancer



March 12, 2020

*Minimum \$3.00 Donation*

Please send money in an envelope with your child's name on it

All proceeds will benefit cancer research

Sponsored by the St. Stan's Student Council

## CHURCH ATTIRE



There was some confusion last week in reference to what could and could not be worn to church on Ash Wednesday. It is so rare that we are in church on a day other than Fridays that I thought a list of what you can wear would be warranted at this point.

- Obviously regular uniforms are always acceptable.
- If your class has gym on a day that a Mass occurs, you may wear your gym uniform. The only exception is the class who is responsible for the Mass. They should be in regular uniforms since many of them go up to the altar and all of them have taken part in the planning of said Mass.
- Any church day (Mass, Rosary, Litany, Stations of the Cross) the same above rules apply. In addition, **NO** out of uniform passes or birthday out of uniform celebrations can happen on those days.

If you have any questions or need clarification on this please feel free to contact the office.

**ST. STAN'S**

**TOTALLY 80'S DANCE PARTY!**

**DANCE CONTEST! PRIZES FOR BEST OUTFIT!  
GROUP THEMES WELCOME! PHOTO BOOTH!**

**ALL FAMILIES/FRIENDS/TEACHERS/STUDENTS ARE INVITED!**

**This is NOT a drop off event! Parents MUST stay!**

**Saturday, APRIL 25TH 7-9pm**

**\$5/PER PERSON (snacks/candy can be purchased)RSVP**

**BY APRIL 8TH**

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**Please return c/o Ella Poulsen Gr. 1:**

**Family Name:** \_\_\_\_\_ **Grade(s):** \_\_\_\_\_

**# of guests** \_\_\_\_\_ **x \$5/each =** \_\_\_\_\_ **Total:** \_\_\_\_\_

**Make checks payable to St. Stanislaus Kostka H.S.A.**

**or Venmo @Elizabeth-Poulsen-5**

**(Be sure to include your name and number of tickets!)**



**Music City needs our help!**

On March 3, 2020 parts of Nashville were devastated by a tornado. Some lost their lives others lost their homes and belongings.

We are a community that helps...so let's help! Mrs. Taylor will be collecting monetary donations to send to the United Way of Rutherford and Cannon Counties in Tennessee.

Please send in donations by **3/13** in an envelope marked Mrs. Taylor. Thank you for your support!





# Heart & Sole

## WATERFRONT PARK SOUTH AMBOY

### Fuel Her Potential

**Girls on the Run** is a Social and Emotional Wellness program for girls in 6<sup>th</sup> - 8<sup>th</sup>. Grades. We teach life skills through dynamic, conversation-based lessons and running games. The program culminates with the girls being physically and emotionally prepared to complete a celebratory 5k running event. The goal of the program is to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness. Designed to allow every girl to recognize her inner strength, the Girls on the Run curriculum inspires girls to define their lives on their own terms. Throughout the season, the girls make new friends, build their inner confidence and celebrate all that makes them unique.



**The Girls on the Run 5K will take place June 14, 2020 in Somerville. It's open to the public and families are encouraged to run. The registration fee for the race is \$25. Information on registering will be sent via email.**

**Who:** 6<sup>th</sup> - 8<sup>th</sup> Grade Girls

**When:** April 1<sup>st</sup> - June 16<sup>th</sup>.

**Days:** Tuesdays & Thursdays  
5:00-6:15 pm

**Fee:** \$150\*\*

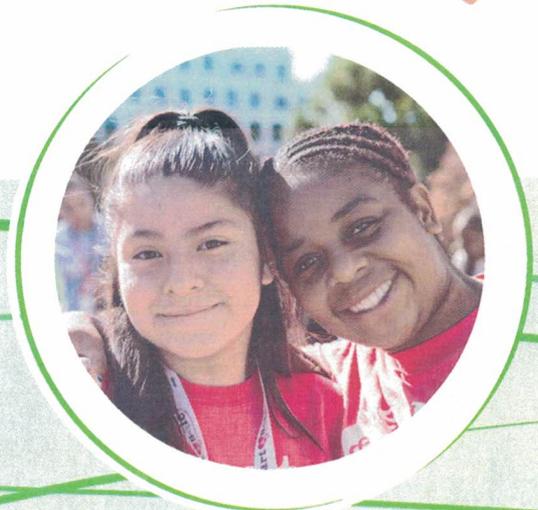
**Register online at:**

[www.raceplanner.com/register/index/  
cnjspring2020program](http://www.raceplanner.com/register/index/cnjspring2020program)

\*\*Some Scholarships may be available, please reach out to [Lynn.Sherman@GirlsontheRun.org](mailto:Lynn.Sherman@GirlsontheRun.org) or apply at:

[https://www.raceplanner.com/register/index/  
gotrncjscholarshipapp](https://www.raceplanner.com/register/index/gotrncjscholarshipapp)

Use the drop down menu to register for the school or location your daughter will be enrolling in.  
**Registration is open... Space is limited.**



[www.gotrncj.org](http://www.gotrncj.org)

GOTRCNJ, Lynn Sherman, Program Coordinator - [Lynn.Sherman@GirlsontheRun.org](mailto:Lynn.Sherman@GirlsontheRun.org), 732.406.0179