



St. Stanislaus Kostka School

"Do not walk through time without leaving worthy evidence of your passage." Saint John XXIII

Mrs. Elena Malinconico
Principal

www.sskschool.org
732-254-5819

"The price of greatness is responsibility."

Winston Churchill

March 12, 2015

Dear Families:

Each day the faculty and staff feel the responsibility you have given each of us in caring for and educating your children. It is a responsibility we take on gratefully and in knowing the magnitude of trust that has been placed in each of us. That is why each and every day I speak to teachers about better ways to help students achieve their own greatness and how we can best guide them to it. As always I humbly thank you for entrusting your child with us each day. This Lenten season gives us pause to pray on the responsibility of living our lives like Jesus and daily our students exhibit those special qualities that make us say, "There is an example of the success that comes with hard work."

Our students have done an amazing job taking the Terra Nova tests this week. The children were calm, confident and up to the challenge. Our middle school students will celebrate the end of Terra Nova test by celebrating Pi Day on Friday with some wonderfully educational and fun activities.

As the days get longer and the school year speeds towards spring please continue to check your child's academic progress on Power School. The third marking period is quickly coming to an end on Friday, March 27th. We have a calendar full of exciting and educational programs from the eighth grade Teen Outreach Day on March 24th, to our "Stay Trip" for grades one through four on Wednesday, March 25th to our CBI and CAP programs that will work with our students to strengthen their coping skills and strategies. Finally don't forget that Thursday, March 19th is our spring picture day and a "dress up" day for students.

I keep each of you in my prayers and ask the Lord to help me be worthy of the immense responsibility to the students and families of our St. Stan's School's community.

In His Peace,

Elena Malinconico, Principal

RUTGERS

University Behavioral
Health Care

Skills, Planning, and Resources (SPR) Workshop



April 14, 2015

7 – 9 PM

Saint Stanislaus Kostka School

221 MacArthur Ave

Sayreville, NJ 08872

Provided by Rutgers University- Turning the Tides

Skills, Planning, and Resources (SPR) Workshop is designed to help participants to develop and improve:

Stress management skills

Strengthen resilience

Build a sense of self-efficacy

After any traumatic event, such as Super Storm Sandy, daily routines are often altered. The goal of SPR is to help individuals learn new skills to cope with stress and find a healthy balance between family, friends, work etc. Throughout the workshop, important life skills such as ways of managing reactions to stress, problem solving, helpful thinking, and building positive social connections are explored using real-life examples and interactive activities. Participants are encouraged to actively participate in group exercises and apply the skills they have learned to their daily lives. This program is provided at **no cost**.

To register please return to the school office:

Family Name: _____ Phone: number _____